



# Gunwharf Class

Week beginning: 04/05/20

## Cooking Challenge

### Cereal Cakes

100g milk chocolate,  
broken up

50g dark chocolate,  
broken up

100g butter

4 tbsps golden syrup

100g rice pops (Or any  
cereal!)

Put Chocolate, syrup and butter in  
a microwavable bowl. Melt in the  
microwave in 10 second bursts.

Stir in the cereal until covered  
evenly.

Divide into cake cases and leave  
to cool in the fridge for 1 hour.

Drizzle with some melted choc  
and decorate!

## Science Challenge

Build a structure using something you have from  
home (Lego, blocks, playing cards or paper)

- Include a range of different shapes.
- Measure it using a ruler.



- Draw a picture and label it.

## Random Act of Kindness

Choose 1 or all!

Make someone breakfast.

Write a letter to a relative to  
cheer them up.

Offer to do the washing up



(send it to  
familyphotos@  
solentacademi  
estrust.info)

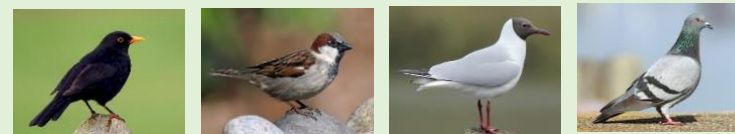
## PE Challenge



How many of these  
yoga poses can  
you do? Hold them  
for 30 seconds

Send Pictures to the  
family photo email  
address!

## Outdoor Challenge



Go for a short walk with your family or check  
out of your window. Can you find these birds?  
What are they called?

Challenge: can you find any other types of  
birds outside?