



Gunwharf Class

Week Beginning: 01/06/2020

FOOD CHALLENGE

Cornflake Cakes!

3 tablespoons Butter 1 cup Sugar

1 tablespoon Honey

4 cups Cornflakes

Method

1. PREHEAT OVEN TO 150 C
2. HEAT BUTTER, SUGAR AND HONEY IN A SAUCEPAN UNTIL FROTHY, REMOVE THE HEAT.
3. ADD THE CORNFLAKES AND MIX WELL.
4. ADD TO CUPCAKE CASES AND ENJOY!



Random Act of Kindness

Collect the litter that you see on the ground when you are out and about!

I have noticed terrible amounts of litter in parks especially, so if you see any litter, pick it up and put it in a bag or the bin!

PE CHALLENGE

Jumpathon!

Perform each of these jumps and record your distances using a tape measure.

Standing Long Jump, Standing Hop, Backwards Jump, Hop Step, Shape Jump.

Music

Make a Guitar!

It's easy to make with a simple cardboard box and elastic bands. You just need to make small holes on two sides of the cardboard box and stick the elastic bands in them. This way you'll create the hollow body of the guitar. If you wish, you can add a long object to make it look like the guitar bridge and they can try to make different pitches.

