



REDWOOD PARK
ACADEMY

GUNWHARE CLASS

Week Beginning: 22/06/2020

FOOD CHALLENGE

Make a Burger!

You will need:

Buns

Beef Burgers

Lettuce

Tomato

Onion

Cheese Slices!

Or to be more adventurous:

<https://www.bbcgoodfood.com/howto/guide/how-make-burgers>



Random Act of Kindness

COMPLIMENTS!

A compliment is the use of flattering words which makes someone feel good.

Throughout the week, give 5 compliments to members of your family, friends or random people?

For example, Mum your hair looks really nice today!

PE CHALLENGE!

Zumba is an aerobic fitness dance using moves from Latin America.

See if you can Zumba dance to Dance Monkey following this link!

<https://www.youtube.com/watch?v=7eiOUOhUERA>

Music

Explore new music using the usual streaming services. List the artist/band you discovered, the song, why you liked it and the write down the instruments you can hear in the track!

Outdoor challenge

Spot The Station will give you a list of upcoming space station sighting opportunities for your location. Several times a week, Mission Control at NASA's Johnson Space Center in Houston, TX, determines sighting opportunities for over 6,700 locations station.

<https://www.glosweather.com/islive>