



REDWOOD PARK
ACADEMY

GUNWHARE CLASS

Week Beginning: 13/07/2020

FOOD -

SCONES!

375g plain flour

100g caster sugar

5 teaspoons baking powder

1/2 teaspoon salt

170g butter

1 egg, beaten

225ml milk

Recipe Link:

<http://allrecipes.co.uk/recipe/9234/basic-scones.aspx>



Random Act of Kindness

Make your parents or carers a cup of tea!

This is one of my favourite drinks with Milk and two sugars.

Make sure you check to see how they like it and be careful with boiling water. See Food for an extra treat!



Outdoor challenge

Take time to appreciate the Sunrise and Sunset. It's an amazing moment in the summer especially, but it must be a clear day! At the moment rise is 5am and set is 9:20pm. And to prove it, get a camera and take some artistic shots!

PE: Yoga!

Yoga is a fantastic way to exercise and relax. Check out these Yoga positions here and try them yourself!

<https://www.youtube.com/watch?v=v7AYKMP6rOE>

Music

Excellent information here for all aspects of Music.

Give the BBC sight Bring The Noise a look!

<https://www.bbc.co.uk/teach/bring-the-noise/explore-bring-the-noise/zrx8gwx>